

### **KICKOFF AT START & 2ND HALF:**

- PARK RIDGE YELL LOUD YELL PROUD
- HERE WE GO OWLS (5X)

### **OFFENSE CHANTS**

- OFFENSE! (5X)
- MAKE THAT POINT (5X)

### **DEFENSE CHANTS**

- DEFENSE! (5X)
- BLOCK THAT POINT! (5X)
- HOLD THAT LINE (5X)

### **GENERAL CHANT**

- HEY! LET'S GO OWLS (5X)
- FIRED UP, FIRED UP, GET FIRED UP!
- LET'S GO XX PARK RIDGE,  
GO PARK RIDGE
- WE ARE (CLAP X2) PARK RIDGE!
- O-W-L-S, LET'S GO OWLS! (3X)
- LET'S GO OWLS
- L-E-T-S G-O, OWLS LET'S GO!

### **GENERAL**

- WE WANT A VICTORY, GO OWLS GO
- GO MAROON, GO WHITE  
COME ON OWLS LET'S FIGHT
- W-I-N, MAROON AND WHITE, LET'S WIN.
- VICTORY DON'T STOP, COME ON OWLS  
LET'S GO
- G-O LET'S GO OWLS, G-O LET'S GO

### **DEFENSE**

- HOLD 'EM OWLS, HOLD THAT LINE.
- DEFENSE, GET TOUGH, GET TOUGH,  
DEFENSE, GET TOUGH!
- PUSH 'EM (PAUSE) BACK, PUSH 'EM BACK PARK  
RIDGE.
  - D-D-DEFENSE, HOLD THAT LINE
- TAKE THAT BALL AWAY, DEFENSE TAKE THAT BALL  
AWAY.
- MAROON, BLACK, WHITE, OWLS LET'S FIGHT

### **OFFENSE**

- PUSH THROUGH, COME ON OWLS, PUSH  
THROUGH THAT LINE
- IT'S OFFENSE TIME, OWLS, MOVE THAT LINE
- 1ST + 10, 1ST + 10, MOVE THAT BALL AGAIN.
  - TD, TOUCHDOWN OWLS, TD
  - PARK RIDGE, OWLS, SCORE 6 MORE
  - S.C.O.R.E, SCORE OWLS SCORE
- PUSH THROUGH, PARK RIDGE, PUSH THROUGH  
THAT LINE

### **WARM-UP**

JOG (X2), HIGH KNEE, OPEN THE GATE, KICKS,  
TWIST LUNGE, STRETCH FOR JUMPS.  
COUNTDOWN WHEN NECESSARY  
(EXTREME COLD).

### **BAND DANCES**

- Ridgers!
- Land of 1000 Dances
- Hey Song
- Band Room Riff (Go Park Ridge!)

### **FIGHT SONG**

- Wipe Out
- 7 Nation Army
- 25 or 6 to 4

### **LOW LEAN**

- Mony Mony
- Louie Louie

### **STUNTS ONLY**

- Apache
- Uptown Funk
- Sweet Caroline
- Thunderation